UNIVERSITY OF CALIFORNIA AT BERKELEY

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SOCIAL-BEHAVIORAL STUDY: Understanding How Personal Networks Change

CONSENT TO PARTICIPATE IN RESEARCH – WEB CPHS# 2018-04-11023

We are conducting a research study with Dr. Stephanie Child at the University of California, Berkeley, in the Berkeley Population Center.

You are being invited to participate in this study because you meet the description of participants in the brief telephone survey you took to see if you qualify. If you agree to continue to be in this study – and we certainly hope you do – you will be asked to do the following:

- Answer questions about the kinds of people you know, your social activities, and your life transitions such as a new job, marriage or retirement. The interview should take about 60 minutes to complete.
- We will ask you about the people you consider your friends and confidants, who you would rely on in case of illness or hardship, and the kinds of activities in which you participate and consider important.

Participation in this study will involve a total of about 1 hour of your time.

There is no direct benefit to you from taking part in this study. It is hoped that the research will help individuals and policy-makers understand what is important for managing the kinds of changes occurring in life that can be stressful. We know that these sorts of stresses create health issues. We will let you know about any publications resulting from this study, and you may contact us, or visit the study website (<u>http://ucnets.berkeley.edu</u>) where you can find out more about how we are progressing.

It's possible that some survey questions may make you uncomfortable as they are personal in nature. You are free to decline to answer any question you don't wish to, or to stop participating at any time.

No one outside the researchers will be able to connect answers to participant names. If results of this study are published or presented, individual names and other personally identifiable information will not be used. Please be assured that we take precautions to minimize any risk associated with data security, such as keeping the answers to the surveys separate from your contact information. We will save the survey answers indefinitely but your identity will be kept separate from your answers. We may use the results from this study for future research. Your contact information will be safeguarded with the same level of security.

There are no costs to you for this study. In return for your time, you will be paid \$50 for this survey. A check will be mailed to you about 4 weeks after the survey.

Participation in research is completely voluntary. You have the right to decline to participate or to withdraw at any point in this study without penalty or loss of benefits to which you are otherwise entitled. If you have any questions or concerns about this study, you may contact Dr. Leora Lawton, Project Director, ucnets@berkeley.edu, or 510-643-1270, or Dr. Stephanie Child, <u>ucnets@berkeley.edu</u>. For any questions about accessing the survey, contact our toll-free number 877-932-0614.

If you have any questions or concerns about your rights and treatment as a research subject, you may contact the office of UC Berkeley's Committee for the Protection of Human Subjects, at 510-642-7461 or subjects@berkeley.edu,

If you consent to participate in this study, please check the box below.

_Yes, I agree to participate in this study on personal networks

_ No, I decline the opportunity.

Please print a copy of this statement for your records.